

## Editorial

### Spanish Wells

Spanish Wells is one of the over 800 islands that comprise the country of the Bahamas (shallow sea). Spanish Wells is the one and only village on the island which is actually called St George's Cay. Next to this island is Russell Island and the two are joined by a narrow bridge. Spanish Wells is an affluent community, the wealth coming from lobster fishing, which takes place from November to March. The island is deeply religious. It was uninhabited 250 years ago, then a ship carrying Christian refugees from England was wrecked here and the survivors settled in and established the town and industry, fishing and tourism. Most of the families are related and the dominant surname is Pinder. Shops are closed on Sundays except the ice cream shop that opens every evening from 19.00 to 21.00. The shop makes two different flavours of ice cream each day.

There are no cars on the island, only golf carts. As the island lies in the tropics, these vehicles help you keep cool. No safety belts. All very calm and relaxed. There is an excellent supermarket which gets all its supplies from the USA by ferry once a week. Also three very good bottle stores. Prices are not exorbitant as they have to supply the locals.

There are no hotels but lots of self-catering houses or cottages to hire. The island is 8Km long and 1.5Km wide on average. Russell Island is the same size. All the Bahamian Islands are sand islands so each island has pure white beaches all around.

Theft is unheard of, so when you go to the beach you leave your towels and umbrellas where they are for as long as you stay. Most of the houses are on the beach, so it's only a few metres from your front door to the sea. Coconut trees are plentiful and grow right on the beach.

There are no waves, so the sea is dead calm and a very warm 29°C in winter and in the low 30s in summer. Lots of small fish swim around your feet. The water is crystal clear, so excellent for snorkelling or diving. Some of the excursions to nearby islands include swimming with dolphins and also swimming with pigs (!). Feeding the sting rays is a wonderful experience with their soft wings brushing your feet. There are three excellent pubs right over the sea and beach: Sandy Bar, Harbour Yard and The Raft.

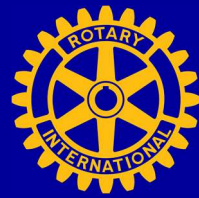


All in all a fantastic place to take a family for a safe outdoor holiday. There are daily flights from Nassau to an adjacent, larger island and then ferry to Spanish Wells.

*By Bruce Dietrich*

## WYNPRESS

The Rotary Club of  
Wynberg



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### President

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### Editorial Board

Barry Cleveland, Lina Howard, Stephanie  
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### February in Rotary

Peace and Conflict Resolution  
month

**Wynberg Rotary meet every Thursday,  
6 for 6.30pm,  
Palm House, Wynberg.**

For more information about our club, like us  
on Facebook or visit our website:

**[Wynbergrotary.org.za](http://Wynbergrotary.org.za)**



**BE THE INSPIRATION**

# Minutes: 21<sup>st</sup> February 2019

Compiled by Barry Cleveland

<b>Attendance</b>	14 members 5 guests – Sara Naidoo, and the delegates from Oddemarka: Lindis, Katrine, Jakob and Frida.
<b>From the chair of President Biffy</b>	Reminder for Cape Cycle Tour 10 March – We need 10 marshals as per agreement to retain our spot at the end of the Blue Route, but we are a few short...
<b>Fellowship</b>	Ann's birthday on Saturday 24 <sup>th</sup> Dave and Sharon's 24 <sup>th</sup> wedding anniversary on the 25 <sup>th</sup>
<b>Slots</b>	<b>Monique:</b> The Big Green Box Event, sponsored by Helderberg Sunrise RC, will be held at Battery Park, V&A Waterfront on Saturday morning 30 March. 15-20 teams of 8 will compete in adventure, puzzles and activities related to discovering the uniqueness of the Waterfront and surrounds. Like a treasure hunt – with tasks! It sounds fun.... Monique has all details + entry forms.
<b>Guest Speakers</b>	In introducing the two teachers and two students from Oddemarka Junior School, Kristiansand, Norway, Dennis confirmed that the school had raised some R325 000 for the NLC to distribute as bursaries to 'our' schools in Grassy Park and Lotus River. The Oddemarka Team then had the hands-on experience of physically handing over 210 bursaries at a function at Die Duine Primary School on Wednesday evening. Also present was our DG Casper, as well as a number of dignitaries from the Education Department. Oddemarka students also brought with them 20 T-shirts, assorted baby clothes and toys to give to Victoria Hospital – <i>Tusen takk!!</i>
<b>Swindle</b>	Frida drew Pam's name, but she only managed the 7 of diamonds.... Ah shame! Barry won the R25 attendance prize.
<b>President's Pearls</b>	<b>The key to creating a better and more peaceful world is the development of love and compassion for others. – Dalai Lama</b>

*"When it's over, I want to say: all my life  
I was a bride married to amazement.  
I was the bridegroom, taking the world into my arms.*

*When it is over, I don't want to wonder  
if I have made of my life something particular, and real.  
I don't want to find myself sighing and frightened,  
or full of argument.*

*I don't want to end up simply having visited this world."*

**Mary Oliver**

Duty Roster	February	March		
	28	7 NO MEETING	14 Club meeting	21 NO MEETING
Sergeant	Barnard		Todd	
Wynpress Editorial	Gowdy		Howard	
Wynpress Minutes	Maunder		Thomas	
Door Duty	Munday		O'Driscoll	
Grace	Van Niekerk		Bayes	
Loyal Toast	Bayes		Bird	
International Toast	Bonga		Dietrich	
Speaker Intro and Thanks	Brian Dalton		N/A	
Entertainment for the month		Bonga, Edwards, Schreiber M, Smith, Todd		

## Dates To Diarise

<b>28 February</b>	Julia and Andiswa (Manager and Training Manager from MOT) will share a typical training process with us; including packing their hand-out parcels
<b>5 March (Tuesday)</b>	Raid on Hout Bay RC. Guest speaker Delia Sainsbury
<b>13 March (Wednesday)</b>	Wynberg Rotaract's Birthday
<b>14 March</b>	Club meeting: Proms 2019 final plans/MOT/Strategic planning
<b>16 March</b>	Last Night of the Proms 19.00: Cape Town City Hall
<b>17 March</b>	Last Night of the Proms 17.00: Cape Town City Hall
<b>28 March</b>	Aid for Animals in Distress (AID4AID) – a local voluntary organization which addresses all sorts of animal rights issues
<b>11 April</b>	Life coach, Rex Hillier on 'Addictions'

*“Hello, sun in my face. Hello you who made the morning and spread it over the fields...Watch, now, how I start the day in happiness, in kindness.”*

**Mary Oliver**

# Don't Prove Yourself Everywhere!!



**This speed race wanted to know the fastest, the dogs or the cheetah.**

But the cheetah did not move a finger and sat in place. People asked the race coordinator what happened. He responded after seeing him saying:

**"Sometimes trying to prove that you are the best is an insult!"**