



Editorial

THE HISTORY OF GLÜHWEIN

Glühwein, or mulled wine, is a traditional beverage usually made with red wine along with various mulling spices, and fruit. It is served hot or warm and may be alcoholic or non-alcoholic. It is a traditional drink during winter months, particularly around Christmas in the Northern Hemisphere. Dubbed "Gløgg" in Nordic nations, "Muddled" in Old English, and "Glühwein" in Germany, mulled wines have been warming people for centuries.

These traditional beverages are so popular that they can also be the source of contention. The exact origin of mulled wine is not exactly known. Spiced wine has an exotic history, which has historical records in many major civilisations stretched across various continents. Seemingly, everywhere wine has been ingested; spices have been added to it in one form or another. Spicing wine has historically served a number of purposes, including enhancing taste and medicinal value, demonstrating rank, and ensuring the wine safe to consume after being boiled. In times of famine and pestilence, drinking water was often scarce and dangerous to drink, thus mulled wine was a safe alternate way to stay hydrated.

The first known origins of spiced wine extend as far back as ancient Egypt (circa 3150BC) when spiced wine was used for medicinal purposes and was considered to be a remedial elixir of the afterlife. It is believed that Egyptian medicinal wine was laced with pine resin, figs, and herbs like balm, coriander, mint, and sage. Wine was also recorded as being imbued with herbs and spices during the Roman Empire, which was documented in early writings of authors like Pliny the Elder (23-79AD) and Marcus Gavius Apicius, also known as the lover of luxury and who writes about a honey wine (mead) in his "De re coquinaria".

WYNPRESS

The Rotary Club of
Wynberg



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July Rotary Theme

Nil

Wynberg Rotary meet every
Thursday, 6 for 6.30pm,
Palm House, Wynberg.

For more information about our
club, like us on Facebook or
visit our website:

Wynbergrotary.org.za

Even Homer mentions honey wine in "Odyssey". The Romans travelled all across Europe, conquering much of it and trading with the rest. The legions brought wine, viticulture and recipes with them up to the Rhine and Danube rivers and to the Scottish border. *Pimen* (or *Piment*) was the term used for the prolific Roman spiced wine. Early recipes include an exotic array of herbs and spices such as spikenard, cardamom, cinnamon, saffron, ginger, and honey. Aside from simply seasoning wine, they also experimented with various methods of viticulture to enhance their wine's bouquet. Such methods included planting herbs in the vineyards in hopes that their flavours would pass through the ground and into the grape before harvest.

As the allure of hot spiced wine spread across the lands, people of all ranks began to heat and spice their wine to stay warm, and merely for their own pleasure. Hot, spiced wine became a staple in many parts of Europe and the Middle East, especially through the long and frigid winter months. In addition to being a warm and cheery beverage, it was also regarded as having various medicinal or even aphrodisiac properties.

When the crusades began, they played a major part in helping spiced wine knowledge and various recipes flourish across the continent. Around this time cinnamon, ginger, cloves, paradise, and long pepper were the typical flavourings. Spiced wine sweetened with sugar as opposed to honey became a symbol of rank. In those days, along with being considered a luxury item, sugar was also thought to contain medicinal values similar to the added spices. English texts specify that sugar was uniquely for the lords and honey was for the people.

Many European countries began to form their own interpretations of mulled wine to represent their cultural identities. In medieval Poland, a cream was added to mulled wine, making wine soup that was regarded as an extremely refined breakfast. The Victorian English version was usually made with a sweet wine, water, lemon peel, lemon juice and nutmeg. In Spain, the original Sangria was just cold, spiced wine, and contained cinnamon, ginger, and pepper. With the rise of imperialism, spiced wine spread to new countries and climates, including Brazil and Chile, where it was customised to suit local needs.

In the past, the French were known for Bordeaux spiced wines called Clairet, but those have evolved into the modern day Vin Chauds and are generally prepared with fruits and fortified with Cognac. England is the proud inventor of many forms of spiced wine, such as Wassail, and the classic Mulled Wine. Do not forget the Nordic Gløgg, which often contains raisins and almonds, and last, but, certainly not least the unanimous favourite, the German Glühwein (roughly, "glow-wine," from the hot irons once used for mulling). It is popular in German-speaking countries and in the region of Alsace in France often offered during the Christmas holidays. The oldest documented Glühwein tankard is attributed to Count John IV of Katzenellenbogen, a German nobleman who was the first grower of Riesling grapes. This gold-plated lockable silver tankard is dated to circa 1420. Charles Dickens gets the credit for elevating mulled wine into a traditional holiday drink. While mulled wine appeared in several of the beloved novelist's books, it was its appearance in his popular short story, "A Christmas Carol" that sealed its place in Christmas culinary history in Great Britain.

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Submitted by Monique Bayes



Minutes

13 July 2017

Compiled by Biffy Danckwerts

Attendance

14 members present

Visitors

Athol Swanson and Wenche Hovstad

Fellowship/ Members Moments

Please think of Aubrey who will be going in tomorrow for an “iron transfusion which is causing his heart failure”.
Biffy: Pam (a family friend who nursed my Mom in her last 18 months) was under the knife for 7,5 hours today. Please think of her.

From the President

N/A

Slots

1. Barry – Proms will be postponed as the City Hall is under-going renovations until July 2018. They need to chat to Richard Cock. They have also been talking to a councilor to “sweeten” the City into sponsoring Proms on an ongoing basis.
2. Justin – Pros and cons were discussed. Quiz night coming up.
3. Bev – STEP students Liam and Lucian who she had met today. They will attend Christmas in July. Bev is looking for club members to assist with entertaining Lucian for a day each during his stay here.
4. Biffy – Sarah Yousuf has just been elected President elect which will fall into the same year as Biffy. Watch this space as the girls may cook up something – maybe even an exchange.
5. Biffy has a Rotary shirt and fleecy top. The other sizes are out of stock and will be arriving in Aug.
6. Biffy is looking for someone in the club to assist with RFHD while she is away.
7. Biffy - Christmas in July presents; please no wine and chocolates. Think out of the box. Also RSVP to Keela if you haven't yet.
8. Paul Harris awardees – Biffy asked who had received an award as she is trying to update the records.
9. 31 August – this is a 5th Thurs and time for a social. A travelling supper had been proposed. Monique had offered her house for a curry evening. The club voted to have a curry evening now in winter and a travelling supper in summer later. This will take place on Friday 1 September (NOT THURSDAY) on the first day of spring.

Speaker

Athol Swanson: All issues faced are regulated and need approval. Most businesses are taxed to create income. Biggest problems: homelessness and the easiest way to deal with this is to move the problem to another area. They work with SAPS, Metro Police, Law Enforcement, City of CT, NGOs, etc.

Wynberg is one of the biggest transport centres so the number of feet and litter around is high. The Magistrate's Court and the offices of Home Affairs create a large number of outside visitors, which compromise the safety of Maynard Park. Much controversy at the moment due to the planned MyCity bus route. Vacant parking lots may be incorporated in the MyCity route. Drugs is a major concern and issue. Home Choice have taken over the old Southern Cross hospital.

The building complex My Domain is housing a large number of students. This adds the Jammie Shuttle into the equation. Taxis always cause head-aches.

Presidents Sweetie Pie Swindle	<p>Their challenge is to keep taxes down. Management of the Rotary parking lot: Parking costs have been changed to R10. There has been a dip but this is slowly coming back again.</p>
	<p>Sweetie Pies were awarded to Justin and Ruth for AIC.</p>
	<p>Jackpot is now R1 250. Looking for 9 diamonds. Biffy's name was drawn. Biffy could only find the 5 diamonds. Dennis won R20 for the attendance prize.</p>

Duty Roster	July		August	
	20	27	3 (Business)	10 (DG Visit, all to wear badges / shirts)
Sergeant		Hovstad	Jackson	Overbosch
Wynpress Editorial	Christmas in July	Cleveland	Danckwerts	Dietrich
Wynpress Minutes		Maunder	Howard	Van Niekerk
Door Duty	RSVP to Keela	Schonegevel R	Schonegevel J	Schreiber
Grace		Bayes	Barnard	Bird
Loyal Toast		Munday	Maunder	Overbosch
International Toast		Lidgley	Munday	Maunder
Speaker Intro and Thanks		Schonegevel J	N/A	
Entertainment for the month			Cleveland, Dietrich Munday, J Schonegevel, Jackson	

Dates To Diarise

20 July	Christmas in July at Palm House
27 July	Ann Barr – organiser of the Cape Town Big Band Jazz Festival
3 August	Business Meeting
10 August	Official visit by the District Governor, Lynette Stassen
17 August	Jane Coombe & Shelley O'Connell from Wordworks, which aims to promote literacy in schools in Lotus River and Retreat areas, and the impact the programme has had.

24 August	David Gore from the College of Magic will discuss the work done by the college in developing young magicians, and will share some success stories from local communities.
1 September	A Curry Evening at Monique's home. Details TBA
21 September	Interact Evening at the Palms (See invitation below)

Message from District



We lost a Rotary leader. An African leader. A friend. Rotary cries

Message from DG Lynette

Suddenly like a thunderbolt out of the blues, the news came this afternoon, our RIPE, PDG Sam Owori has passed on to the great beyond. Confusion, consternation overwhelmed all who heard. Frantic efforts were made to confirm the news. Alas, it's the truth. A great loss to all Rotarians but more to we Africans. A fine gentleman, a quintessential and great Rotarian has just gone to answer the call of His Maker. Our Loving Thoughts and Prayers shall accompany the soul on his path upwards. May his good works as a Rotarian stand for him on his journey home. Adieu our Great Hope, a Great Gift to Africa.

Message from Ian H.S. Riseley, President, Rotary International 2017-18

My fellow Rotary leaders,

It is with the heaviest of hearts that I need to advise you that the President-elect of Rotary International, Sam Owori, died last night.

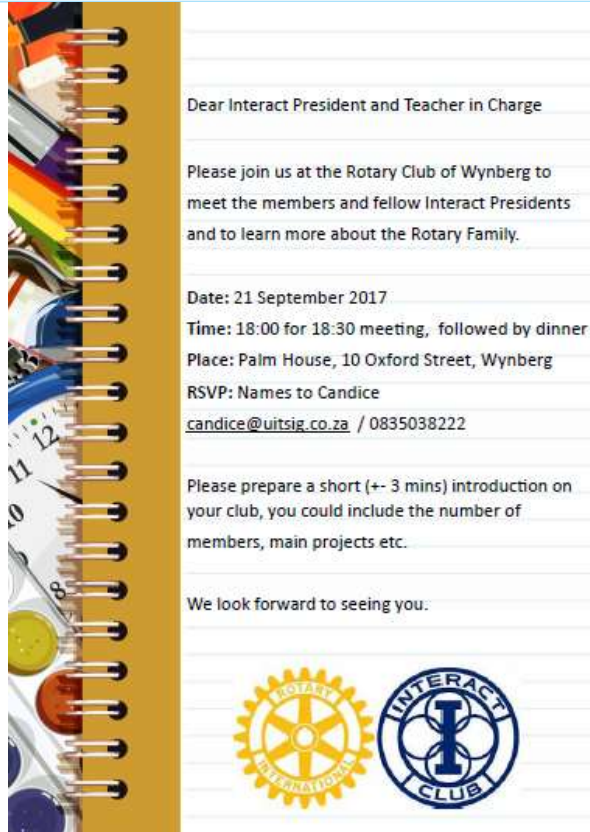
Sam had undergone some surgery in Texas that he had been planning for some time, and there were post-operative complications from which he couldn't recover. I will provide appropriate details when they are known.

In this time of great loss, I ask you to keep Norah, the Owori family and Sam's millions of friends around the world in your thoughts.

Sam was a special person in so many ways, and is a huge loss. We will provide more details on funeral arrangements as they become available.

From the perspective of Rotary administration, we in Evanston are looking at what needs to be done as a result of Sam's passing.

With enormous sadness,
Ian
Ian H.S. Riseley
President, Rotary International 2017-18



Tail Piece

Wimbledon 2017: Kim Clijsters forces FAN to wear her skirt and face body serve

Kim Clijsters caused a few raised eyebrows at Wimbledon yesterday when she pulled a fan out of the crowd to play against her – and gave him an outfit. Clijsters was playing alongside Australian Rennae Stubbs in the women's invitational doubles, a more informal competition run over the closing days of the Championships.

Facing Spaniard Conchita Martinez and American Andrea Jaeger, Clijsters was taking suggestions from the crowd about where she should serve.

"Inside or outside?" she asked. One fan responded: "Body!" Clijsters laughed and shouted: "Why don't you go there?" Martinez seemed to like the idea and offered her racket to the fan.

A gentleman of a portly stature, he clambered onto court before Clijsters realised he was in breach of strict all-white Wimbledon dress code. The Belgian 34-year-old produced a spare skirt from her bag and found a white top for the bewildered fan to squeeze into. When he eventually got himself into the suitable gear, Clijsters served straight at

his body, which he admirably returned only for Stubbs to smash it back and win the point.



Kim Clijsters forced the fan into an ill-fitting skirt and white top