



The Rotary Club of Wynberg

Wynpress



President: Alan Jackson 0835248724

Secretary: Rob Murphy 0837267060

Treasurer: Mike Schreiber 0834140462

Editorial Board: Barry Cleveland, Lina Howard,
Hugh Maunder, Keela van Niekerk

Vol: 68 No: 29 9 March 2017

Rotary's March focus is Literacy

Editorial

MOVING ON

Moving can be enough to drive anyone mad.

Rather than talk about the emotional and physical stress of actually moving from point A to point B, I want to talk about some of the stresses that come with packing for the big move.

The first thing you realize when you begin the process of packing up your life is "How on earth did you manage to gather so much 'stuff.'" Every box, shelf and draw is filled to the brink with items such as old birthday cards, costume jewelry you never wear, or a collection of trinkets you never use

Letting go is essential and as difficult as it is, sometimes one just needs to do it. Decluttering the space you live in also declutters your mind. A ton of weight is lifted off your shoulders with each item you toss to the "give away" pile and it is somewhat relieving. However, at some point you will inevitably come across an item that holds sentimental value and you will spend countless hours debating as to whether or not you can truly handle the thought of never seeing it again.

Whilst unpacking, repacking and decluttering, you will also stumble upon purchases that make zero sense to you now. Like the five Jessica Simpson "HairDo" hair pieces you somehow own. Can you even recall wearing them? Why are they sitting here at the bottom of your closet like a dark secret? Or how about those shoes you bought in a half-size too big for you just because they were on sale. You were sure you could make them work for you, but it's been two years now and they're still in the box.

As you continue your race against the clock, (because of course, you left it all to the last minute), you begin to find dust mounds in areas of your apartment that you instantly feel guilty for neglecting. How could you be so lazy? Now you haul out the broom and start cleaning, neglecting the packing that urgently needs to be done. Procrastination is a wonderful thing.

Next you dive into the slew of wires and adapters you have. Where did they all come from, and do you actually own the devices these connect to? There are literally enough wires in your current space to form a colony, so you stare at them with confusion before tossing them into a box. They will invariably stay in that box, in a cupboard in your new house for eternity just in case you might need them.

What about those old cell phones and computer pieces you have lying in a box next to the box of wires? There is no real reason to keep lugging them around, so you lighten your carbon footprint by passing them off to a recycling program. After you've completed the good deed, paranoia begins to sink in. Where do my old electronics really end up? Did I delete enough of my personal information off the devices? Is some creepy man in a darkened room going to poke and prod at my old computer and steal my identity? You then proceed to pour yourself a cup of tea to calm down, once again delaying the packing that so desperately needs to be done, because the movers will be here in the morning.

As the process of moving continues, brown boxes cover up the wall and envelop all the once-upon-a-time homely spaces. You stand and stare at your accomplishment so far, allowing the strong waves of stress to wash over you as you begin to realize that you have to carry all these boxes down two flights of stairs, and up another flight of stairs when you arrive at your new home.

by Monique le Roux Bayes

	Minutes from 2nd March Compiled by Lina Howard
Attendance	Only 9 members present
Visitors	Odd-Henning and Reidun, Britt, Henning, Phil Pickett and Stephanie T
Fellowship Announcements	Aubrey and Adele Michalowsky: wedding anniversary on the 6 th - 36years!!
From the President	<p>Alan welcomed our Norwegian guests, Odd-Henning and Reidun and the team. We are enormously grateful for all the financial help given to projects. This has been a 16 year relationship with our Norwegian partners.</p> <p>Zeekoevlei High School now has a 98% pass rate and a 45% University entrance pass. The Headmaster is doing amazing work to inspire his staff and students.</p> <p>#The business meeting minutes will be sent by email to members.</p> <p>#Please inform Alan by WEDNESDAY if you are unable to attend a meeting.</p>

Slots	<p>Alan (1) His youngest daughter has handed in her research thesis for her MA. It is a collaborative study on pain control in AIDS patients.</p> <p>Alan (2) ELRU feedback – there is sustainability and most of the boxes are ticked. There is support from Nelson Mandela Children’s Fund and 14 other NGOs. More details will be posted in an email.</p> <p>Dave B: The weekend away is being planned for the nights of 26 and 27 May at the Pat Busch Nature Reserve just outside Robertson. There is plenty to keep us occupied, with walks in the reserve, fishing and just relaxing, to spending time at some of the nearby Robertson/Bonnievale wineries.</p> <p>The large farmhouse can accommodate 23 people and this could be supplemented with accommodation in smaller cottages if necessary. The cost for staying in the farmhouse at full occupation is just under R200 per person per night, so pretty reasonable all round.</p>
Special Speakers	<p>Odd Henning gave greetings from his club and made another invitation to our club to visit Norway again!!</p> <p>He has retired from his post as headmaster of Haugaland Technical College. The new lady taking his post will carry on with current projects. She will be in contact with Alan and the Club.</p> <p>The Special Needs school project has funds which are ready to be remitted to Kanyisa – just say yes! (Alan said YES – thank you)</p> <p>Henning also spoke and sends greetings from Kopervik Club. He and the team are enjoying their visit to Cape Town</p>
Swindle	No swindle tonight
President’s Song	“ This is the end – hold your breath” –Song title: Skyfall

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend.



Good to see John and Mary again!

Duty Roster				
	March			
	9	16	23	30
Sergeant	Overbosch	Schreiber	Todd	SOCIAL
Wynpress Editorial	Bird	Danckwerts	Dessington	
Wynpress Minutes	Van Niekerk	Cleveland	Van Niekerk	
Door Duty	Hovstad	Howard	Lidgley	
Grace	Bird	Cleveland	Dessington	
Loyal Toast	Munday	Murphy	Overbosch	
International Toast	Dietrich	Gowdy	Hovstad	
Speaker Intro	Murphy	Overbosch	Schoenegevel	
Speaker Thanks	Howard	Murphy	Overbosch	
Find Speakers	Smith, Todd, K van Niekerk			

Dates To Diarise

Thur 9 Mar

Dr Bruce Dietrich will give a talk on 'Life and Death'- Do not miss! Absolutely essential knowledge.

Sun 12 Mar

Cape Town Cycle Tour

Thur 16 Mar

Visit to Rotary Project PEDI in Philippi – AG Paul Stohrer

Thur 23 Mar

Peninsula Schools Feeding Association – Charles Gray

Thur 30 Mar

Social TBA

Sun 9 Apr

Rotary Family Fun Centennial Walk – 2.65Km at Mouille Point

22 + 23 Apr

Rotary Family Fun Day at Blue Train Park

27-29 Apr

Last Night of the Proms in the City Hall

Rotary District Conference in Swellendam

Hugh's Nughs

When most people think of Australia, Sydney is the first place that springs to mind. The Sydney Opera house and the Sydney Harbour Bridge are two of the most recognizable images in the modern world, and both are distinct symbols of Sydney.

I was very lucky to be able to stay overnight with friends who live in the Blue Mountains. This mountainous World Heritage region offers truly fresh air, beautiful landscapes, natural bush and the world famous 'Three Sisters' rock formation. There is the world's steepest perpendicular railway plunging 213m into the valley, a scenic skyway and cable car. With elevated boardwalks and rainforest trails, one needs many days to experience everything. I will have to go back.



Tailpiece (for Monique and perhaps all of us)

you never
know what
you have until..

you clean
your room.



Wynberg Rotary meet every Thursday, 6 for 6.30pm, Palm House, Wynberg.

For more information about our club, like us on Facebook or visit our website:

Wynbergrotary.org.za