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Editorial

Zika Virus

Submitted by Dr Bruce Dietrich

There is currently an outbreak of Zika virus infections in Latin America (mainly Brazil), and spreading north.

The Zika virus is an arbovirus and causes similar symptoms to dengue fever (mild fever, rash, joint and muscle pain, conjunctivitis and headache). Symptoms are self-limited and may persist for 2-7 days. About 80% of people infected have no symptoms.

It seems as if Zika virus infection of females during pregnancy leads to congenital malformations, in particular microcephaly(very small heads).

The virus is mainly spread by the *Aedesaegypti* mosquitos and although found in South Africa, the local specie is slightly different to those spreading the Zika virus in the Americas. It is unlikely that Zika virus will be spread via the local mosquito species.

Treatment:

There are no vaccines available and treatment is non-specific and supportive. No deaths due to Zika virus have been reported and no cases have ever been reported in South Africa, although it was first isolated from a rhesus monkey in the Zika forest in Uganda in 1947 and from humans in Nigeria in 1968.

Diagnostic tests:

Testing for the Zika virus is available in South Africa and will be performed only on returning travellers with an illness compatible with Zika. Laboratory testing will be offered to all pregnant women who have travelled to an area with a current outbreak of Zika.

Clinical data and exposure data is essential to the analysis of the test.

The Zika virus may be identified through molecular, culture or serological tests.

- 1. A PCR Zika virus test (molecular) with a viral culture is being done at present.
- 2. Serology for Zika is problematic due to cross reaction with other flaviviruses (such as dengue).

Much of the effort against the illness focuses on protecting people from mosquitoes and reducing mosquito populations. Pregnant women should not travel to areas where there is a Zika outbreak.











Minutes

21 April 2016

	Compiled by Justin Schonegevel		
Attendance	Attendance: 16 (53%)		
Visitors	 Sea Point Rotary: Tony Davidson, Rodney and Mavis Mazinter, Stanley and Urlene Abramson, Eldred and Eva Polikoff, Gavin Schachat. Volunteer Wildfire Services: Jon-Jon Emary, Jess Verheul, Philippa Phelp, Geraldine Corder, Kelly Ulieghe, Quinton Williams, Peter Wynne. Rotaract Wynberg (Jessica De Smidt, Kerri Connor) and Steenberg (Natalie Maggott) Jenny Handley and Natalie Brock from JHP. Club guests: Mary Vivian, Monique Bayes. 		
Fellowship	Stephen and Keela's One year Wedding Anniversary: TODAY!!		
President's items	Tonight is a very special night for the Rotary Club of Wynberg. The Last Night of the Proms is the one event where everyone in the club participates in service for the community by putting on a major fundraiser. The fact that it is in itself a fantastic musical event is highly significant – it bears testimony to our principles of having fun while serving. Tonight is the celebration of that event. We welcome therefore all our partners who helped make it a success:- RC SeaPoint, Rotaract, Jenny Handley and Natalie Brock and naturally the people who made it worthwhile – the VWS for their service and dedication to the community over the past years		
Slots	John Vivian announced that Mary and he will be selling their house and moving to something smaller. John says it will take a long time so he is not yet worried about losing his workshop! Rodney Mazinter invited Wynberg Rotary to attend his club's induction of four presidents on the 25 May.		
31013	Jackie James - Announced a meeting with the Education Moving Up on 3 May and if you are interested contact her.		
	Dave Barnard - Reminded club of members who are at home or hospital; Don receiving treatment at Hospital, Aubrey and Ken.		
Proms	Graham Todd reported back on Proms and thanked our club and Sea Point Rotary for the good team work. President Stephen handed over a cheque of R150 000 to Jon-Jon of Volunteer Wildfire Services Stephen thanked the Proms committee for all their hard work, meetings and leadership. The club extended their thanks to Chairman Graham Todd and Barry Cleveland for the long service to the Last Night of the Proms and dedication to the club. President Stephen awarded them each with a Sapphire Paul Harris.		
Swindle	Swindle - card required 2Hearts, Grand Prize = R420 Jon-Jon of VWS was picked, he then picked Ace of hearts. 1 away from 2! very close. Rob Murphy won the Attendance Prize of R30 + Safewater Bracelet donated by Tony Davidson.		

	April	May		
	28	5	12	19
Sergeant	No	Todd	Van Eeden	Van Wyk
Wynpress Editorial	Meeting:	Munday	Murphy	O'Driscoll
Wynpress Minutes	Conference	Howard	Maunder	Smith
Door Duty		O'Driscoll	Overbosch	Schonegevel
Grace		Danckwerts	Dessington	Dietrich
Loyal Toast		Overbosch	Schonegevel	Schreiber
International Toast		Howard	Jackson	James
Speaker Intro		N/A	Bird	Hovstad
Speaker Thanks		N/A	Schreiber	Van Eeden
Entertainment for the month		Bird, Lidgley, Danckwerths, Hovstad, Klotz- Gleave		

Going Forward

Dates To Diarise				
4 May	Wynberg Rotaract Social. All welcome. Contact Kerri.			
5 May	Business Meeting & Induction			
12 May	Ambassadorial Scholar Dave Cook: Deep Well project			
14 May	9am: Kids Day Out with SOS (Sea Point Rotary Blue Train)			
19 May	Bev and Colin Bird: New York, New York!			
24 May	Raid on Constantia RC			
26 May	No meeting			
4 June	Wynberg Rotaract Induction			
23 June	Induction of PE Alan Jackson			

President's Quotes

Quote 1:

I was a big fan of Indiana Jones; then I realized he was kind of a fake hero. The real heroes are the people who work hard and do their stuff right, like firefighters and policemen. Nathan Gamble

Nathan Gamble was born on January 12, 1998 in Tacoma, Washington, USA. He is an actor, known for The Dark Knight (2008), The Mist (2007) and Marley & Me (2008).

Quote 2:

When I was young I thought that money was the most important thing in life; now that I am old I know that it is. Oscar Wilde

(Tony Davidson of Sea Point RC correctly identified the author and won a glass of port)

Theme for 2016/7



"Rotary Serving Humanity"

President-elect John Germ announces his 2016-2017 theme.

"I believe everyone recognizes the opportunity to serve Rotary for what it truly is: not a small opportunity, but a great one; an opportunity of a lifetime to change the world for the better, forever through Rotary's service to humanity." -- RIPE John Germ



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