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**ROTARY MONTH
& MEMBERSHIP
EXTENSION**

**ENGAGE
ROTARY**



**CHANGE
LIVES**

EDITORIAL

By Dennis Gowdy

CHANGING YOUR WORLD – POWERFUL PHRASES

Appearing a while ago in one of Cape Town's Free Community Lifestyle Magazines are excerpts (abridged) from an article that bears repeating:

1. You can count on me.

A friend is one who is there in good times and in bad. Loyalty is the essential ingredient for true friendship. When we are faced with a big challenge, a good friend is the one who says "you can count on me". Being there for others is the greatest gift we can give.

2. Thank you.

Gratitude is a superb form of courtesy. It recognises the kindness and effort that others have made. 'Thank you' is an act of appreciation that means so much to the recipient.

3. I'm wrong.

This the most difficult phrase for most people to say and truly mean. Having the strength to admit when we are wrong is a sign of an enlightened and self-confident person. It is the quickest and surest way to end an argument.

4. I'm sorry.

When we wrong someone, that person has all sorts of negative feelings and can even respond angrily. Most people try and defend positions when they are in the wrong, finding some sort of 'defence' for their actions. It is amazing how problems disappear when we say 'I'm sorry'.

5. Please forgive me.

This is a healer for damaged relationships. Admitting mistakes and asking forgiveness is a sign of maturity and not of weakness.

6. I trust you.

'I trust you' is a very important and powerful phrase for positive people. Trust is a key quality of leadership. It engenders confidence and support for those given a task or placed in a position of responsibility.

7. I'm proud of you.

This phrase is especially important to use with children but is just as important to everyone. It acknowledges and recognises, particularly to those closest to us but not restricted thereto.

8. I love you.

MEETING OF 1 August 2013

ATTENDANCE

Membership:	24
Present:	18
Make Ups:	3
Apologies:	4
Attendance:	87.5%

Guests: Ryan Selvaggio, Sarah Yousuf, Heinz Sieg & Heggy Reinmold, Rotary Club of Eggenfelden Pfarrkirchen, Germany and also Honorary member of Rotary Club of Kromboom. Heinz Sieg gave a very interesting account of his presence in South Africa, his businesses here and his community upliftment efforts.

Attendance to Biffy 082 468 7504 or aecon.e@mweb.co.za.

SLOTS

PRESIDENT KAREN OVERBOSCH mentioned the following after welcoming Guests and Members to our meeting:

Strategy: To keep on with the strategy as we have started last year. The aim is to have a continuous strategy plan going for at least 3 years in a row with a focus on Education and Health.

Wynpress: everyone is reminded that they must please submit their editorial when it is their turn to do it.

Business meetings to happen every month. For the new members in WRC we are going to have a information session in the business meeting on a monthly basis. Starting with September.

Roche has offered to print the membership booklets for us. I have already given him the info and need to check up on progress.

Membership. – This is a project that everyone needs to be involved in. Please invite someone that might be a potential member. Also suggest to introduce visitors to the WRC but the member who invited them.

The launch and fantastic Charter of the Rotaract of Retreat on Wednesday 31 July 2013 was a wonderful experience. The club has 10 members and all are eager to get to work. Will be inviting them to get involved with projects with Rotary and Rotaract Wynberg

Asked if we are interested in another Ambassadorial Scholar. Club was all for this. We will need to appoint a mentor for the Scholar DG Visit. This will happen 8 August. TO involve Kromboom in the program. Please ensure that for next week you have the Loyal Toast being done by Gavin Smith from Kromboom. Thanking the speaker (DG Vyv) will be done by Rod Palmer from Kromboom. For the rest it will stay the same.

DON LIDGLEY: Don explain to relatively new members how there comes to be a connection between the WRC and that of Seahouses and District in District 1030 in the far north east of England. I moved from the small town of Morpeth in Northumberland to the much smaller coastal village of Seahouses in 1983 when I bought the village News Agency there. In 1992 I joined the Rotary Club there, and when in 2000 I started commuting as a seasonal “swallow” between Seahouses and Lakeside I attended the Tokai Club and met June Orsmond, already committed to the idea of improving the lot of the poor community in Lavender Hill through its Secondary School. When the Tokai Club closed, June and I both transferred to Wynberg Rotary. During all this time I encouraged the Seahouses Club to support the project in Lavender Hill and they have done so in a modest but consistent way ever since. June, during visits to Seahouses, has twice motivated the Club to continue their support. When the new playing fields at Lavender Hill Secondary School were opened in 2008 as a result of Rotary effort, a 7-member party from Seahouses attended the opening. This year’s president, Jeff Bell-Taylor, has just confirmed their wish to continue that support once again. When I make a short visit to Seahouses next month I will be their speaker to explain progress and the current situation in Lavender Hill, and to confirm just how much their support is appreciated.

STEPHEN BREDENKAMP: Stephen thanked Don for keeping Rotary Club Seahouses interested in Lavender Hill. I will be writing to them to thank them, and to let them know how their donation last year was spent:- We have started a ‘House’ system at Lavender Hill. To make it more alive, we need flags in the house colours, and armbands for each scholar in the house colours. Their donation of R2700 last year will go to the purchase of these flags and armbands. Don is speaker at Seahouses on 2nd September, and I will ensure they have my email for that evening.

1. RC Kromboom have invited us to their club at Kelvin on the 28th.
2. Finally Stephen made the following observation. While we cannot claim **all** credit, Lavender Hill is going from strength to strength since we put in the sports fields. One of the big problems, however, has been the fence around the school. There is the YES Project at Lavender Hill, whereby we are trying to make the school a safe haven for the learners, and a place the community can admire. But the school fence is continually broken down, for re-sale, and simply to create short cuts to the main Road. We have however just heard that although the fence was repaired about a year ago for R40k, the department is going to build a whole new fence at a cost of over R1 million. This follows a new intercom they are currently installing at a cost of about R70k. In the current climate we can only assume that all this activity is partly as a result of all the interest shown in Lavender Hill by various communities:- not least Rotary!

Mike Schreiber (PP & Treasurer): said that he would circulate the budget in due course when it is finalised. The budget has been drawn up using all known sources of income such as car park, proms and the trust. It will also depend on whether we do a global grant type project and where the funds are sourced from..

Pam Munday: The Victoria Hospital Forensic Medicine Wing painting went off well on Saturday 27 July 2013. A combined activity with Wynberg Rotaract, the passage and one bathroom were painted with the other bathroom and the finishing touches to be completed shortly and at a date to be confirmed. Dr. Marianne Tiemensma of the Forensic Medicine Unit and her delightful little son were on hand to guide us and provide an enjoyable tea. It is hoped the fresh look and the more cheerful colours will help ease traumatised patients in their journey to a full healing.



HAVE YOU VISITED THE WRC WEBSITE LATELY:

<http://wynbergrotary.org.za/>

MINUTES

ROTARY CLUB OF WYNBERG YOUTH SERVICES COMMITTEE

Jackie James reported on the following:

1. **ROTARACT:** The Retreat Rotaract Club was chartered on 31 July 2013 and launched by Rotaract Wynberg. Discussions within the YSC suggested ways of supporting our two Rotaract Clubs and encouraging their development.
2. The Rotaract District Conference would be taking place over the Weekend of 10th & 11th August and Jackie would be attending and presenting a workshop entitled 'Starting a New Club' to breakaway groups.
3. Both Rotaract Wynberg & Rotaract Retreat would be encouraged to work together on projects, meetings and socials. As September is Rotary Month we would organise a 10-Pin Bowling Challenge on Thursday 29th August 2010 (5th Thursday).
4. **INTERACT:** Rotary Wynberg is to continue the annual Book Prizes to our Interact schools which Gordon Knight would be coordinating.
5. Rotaract Wynberg is doing a very good job of mentoring the Interact Clubs but it was felt that WRC should become more involved with both and ways of doing this were discussed which would be supportive and enriching.
6. **INTERACT CONFERENCE:** This would be held on Saturday 14th September 2013 but much must still be organised to make this a success.
7. Interact Camp is still to be planned, a date firmed up and organised.
8. The Quarterly President's Meeting is to take place on Wednesday 7th August 2013.
9. A combined Induction of all the new Interact Committees is to be held on 14th August 2013. Please see the following. http://gallery.mailchimp.com/7122e2387dd322520c76942fc/images/Induction_2013.jpg It is hoped that as many of the WRC will attend in support of our Interact Clubs. Please be sure to RSVP to Raihaanah asap.
10. We will also be arranging a **Rotary Family Day** early in 2014 to help us meet and mingle.
11. **EARLYACT:** Gordon Knight will be looking at ways in which we can support our Earlyact Club at Wynberg Boys Primary.
12. Other issues raised and discussed were the Rotary Youth Exchange, the short term exchange programme (STEP), RYLA & our budget.

COMMUNITY SERVICES:

The following projects have been approved by the committee and Board:

1. Isiphiwo Primary School – Khayelitsha. We are very close to a Global Grant on this project to upgrade their computer lab from 24 computers to 80-90 computers. This will allow the children to move from having 1.5 children per week per computer 30 mins access to each child being able to access a computer each week for up to 90 mins. This will also allow upgrading of up to 20 Grade R teachers in the area from 8-10 schools.
2. Noncebo – a Hout Bay RC project. Making comfort dolls for trauma victims. The men in the club will also be able to "make" dolls. This will be done over 1 or 2 weekends over course of the year.
3. Victoria Hospital. This is an on-going project and we will look at various ways to support the hospital.
4. Kids Beach Day Out – a new educational twist will be added to this project.
5. Teddy Bears and Blankets – in conjunction with Sea Point RC. The club has seen the reports on these projects.

6. LHSS. This is an on-going project and we will look at various ways to support the school.
7. Uncle Paul's. The charity day and helping out with parking and traffic.
8. Christine's Place. Alan will take a good look at how or if we go forward with this project.
9. Old Timer's. John Vivian will look into past members, past member's spouses to try to connect with them and see how we can stay in touch with them.
10. Rotary Family Health Day. Last year we did not partake due to the dates coinciding with Proms. This year we will look into being able to take part and offer the service to the Retreat community.
11. Literacy. This comes through from District where District asks all clubs to have a Literacy project. Justin will look into this and see how we can achieve this.
12. EEECD. Exceptionally exceptional early childhood development. Alan is in the process of looking into this and design a programme to address this need. This will address children from the age of conception to 2 years old. We believe that this might be a new area of focus.
13. Job creation. This is a passion of Alan's and he will at some stage look into this and see how we can work with Roche at Learn to Earn.
14. Sailing. Continues. The committee would like Gordon to have an open day to educate the club as to what happens within this project.
15. Shelterbox. Justin and Biffy serve on this district working committee for this area. It is likely that the SA distribution centre will become Bloemfontein as most crisis happen North of this point.
16. St Luke's through Proms.
17. The following possible Global grants are loaded on the RI web site and have been during the past year: Isiphiwo, LHSS, Victoria Hospital. The N California club interested in doing a Global Grant with us would like to take up Isiphiwo as they know Khayelitsha but were offered and provided documentation on all 3 projects to choose from. It is hoped that we can get this Global Grant off the ground and when they come out for a site visit that we can introduce them to Lavender Hills area(s) for future Global Grants as they seem to do one almost yearly.
18. An ad hoc committee is being formed and it is planned for the first meeting in August. This will consist of the Director of Community Services or Projects from each club (and another member if desired) to meet and go through who is working on what and where so that duplication is not encountered. Is planned to have between 4 and 6 meetings a year with about 8 or 9 clubs involved.
19. A District Grant will be submitted for LHSS.

ROTARY WYNBERG NORWEGIAN LIAISON COMMITTEE

Are Hovstad covered the work of the NLC confirming:

1. The visit of 42 teachers from Oddemarka Junior School in Norway to Cape Town from Monday 4th to Saturday 9th November 2013 and the dinner they are hosting for the RWC on Thursday 7th November 2013.
2. the Bursary Award Evening for Friday 8th November 2013, when the visitors will witness the presentation of the bursaries to our school pupils and which the Oddemarka School pupils have generously sponsored.
3. The NLC's involvement in supporting Libraries in various of the schools we are partnering with.
4. Another Sports Day for our schools attempting to ensure wider participation of the Learners and something they'd enjoy.
5. Funds from Oddemarka **this** year amounted to R227 884.12 and just received stressing once again the valuable relationship we have with Norway, their generosity and hard work on our behalf and the importance of doing all in our power to show our appreciation of their work especially when they visit us each year.




PROGRAMME

August 2013	Committee: Knight, Bredenkamp, Cleveland, Munday, Orsmond, van Eeden
8 August	Visit by DG Vyv Deacon (Die Groot Baas) combined with Rotary Kromboom
9-11 August	Rotaract Conference at Langebaan
15 August	Lesley Gittings, Canadian Ambassadorial Scholar: Title: PERSPECTIVES FROM A YEAR IN MALAWI.
22 August	Laura Heathfield, report back on Ambassadorial year & Proms hand-overs
29 August	Social & JK Nickell (and wife Kat), Ambassadorial scholar from Dallas, Texas – Tenpin bowling.

September 2013	Committee: James, Danckwerts, Schreiber, Smith, Williams, Lidgley
5 September	ICore event – joint meeting with Table Bay Rotary Club, Kromboom Rotary Club
12 September	Meeting at Lavender Hills High School – speaker to be announced
19 September	Marina Jessop: (Arizona) Ambassadorial student speaking on human trafficking.
24 September	Public Holiday – Heritage Day – Braai Day
26 September	Board meeting

DUTY ROSTER

DUTY	8 August	15 August	22 August	29 August	5 September
Sergeant	Barnard	Todd	Cleveland		Murphy
Attendance Officer	Danckwerts	Danckwerts	Danckwerts		Danckwerts
Wynpress Editorial	Hovstad	Howard	Jackson		James
Minutes for Wynpress	Cleveland	Danckwerts	Wetmore		Cleveland
Compilation of Wynpress	Wetmore	Cleveland	Danckwerts		Wetmore
Door Duty	Gowdy	Hovstad	Williams		Wetmore
Grace	Bredenkamp	Gowdy	Hovstad		Murphy
Loyal Toast	Gavin Smith of Rotary Kromboom	Bredenkamp	Gowdy		Hovstad
International Toast	Barnard	Bird	Bredenkamp		Gowdy
Speaker Introduction	Karen	Van Eeden	Van Wyk		?
Speaker Thanks	Rod Palmer of Rotary Kromboom	Vivian	Barnard		Bird

JACKPOT:

The Jackpot stands at R975 and the Lucky Card to be looking for was the 3♥. Mervyn drew the 7♥ missing the Lucky Card 3♥ by just under 52 cards (ag shame). All was not lost when President Karen won the Attendance Draw of R15 (maybe we'll get cakes at the next meeting?)

PRESIDENT'S QUOTES:

Due to a memory malfunction and after a stressful day at work the President left her quotes in the printer at the office!
